

Kensington®



One-Touch.
Many Possibilities.

SmartFit® One-Touch
Height Adjustable Monitor Arms

Your monitor where you need it.



 **SmartFit®**

Why Use a Monitor Arm?



Monitor arms are one of many ergonomic desk accessories that are trending in offices of all kinds - from cubicle-style to open office floor plans, and from traditional, assigned seating layouts to hot-desking environments. They have become widely popular for their support of healthier, more comfortable posture, greater productivity and their ease of adjustability.

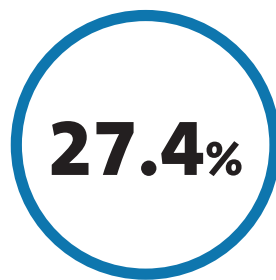
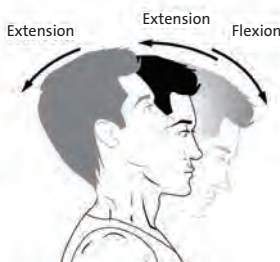
Ergonomics can be defined as a comfortable fit between humans and the technology used to do work. In the office, this tech includes every tool on the typical desk. Effortless adjustment of the monitor's height, depth, and angle unlocked by a monitor arm enables the user to find personal comfort and optimise their productivity.

Monitor Arms for a More Ergonomic Posture

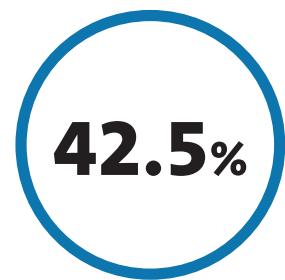
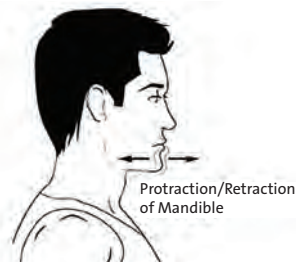
We observed 335 computer users¹ in their natural working state in order to find any correlation between workstation setup and posture. Individuals who used a monitor arm naturally adopted a more ergonomic posture.



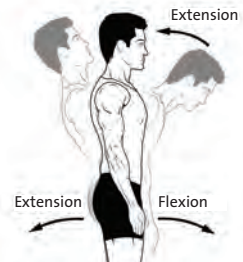
of users demonstrated a decrease in degrees of neck flexion



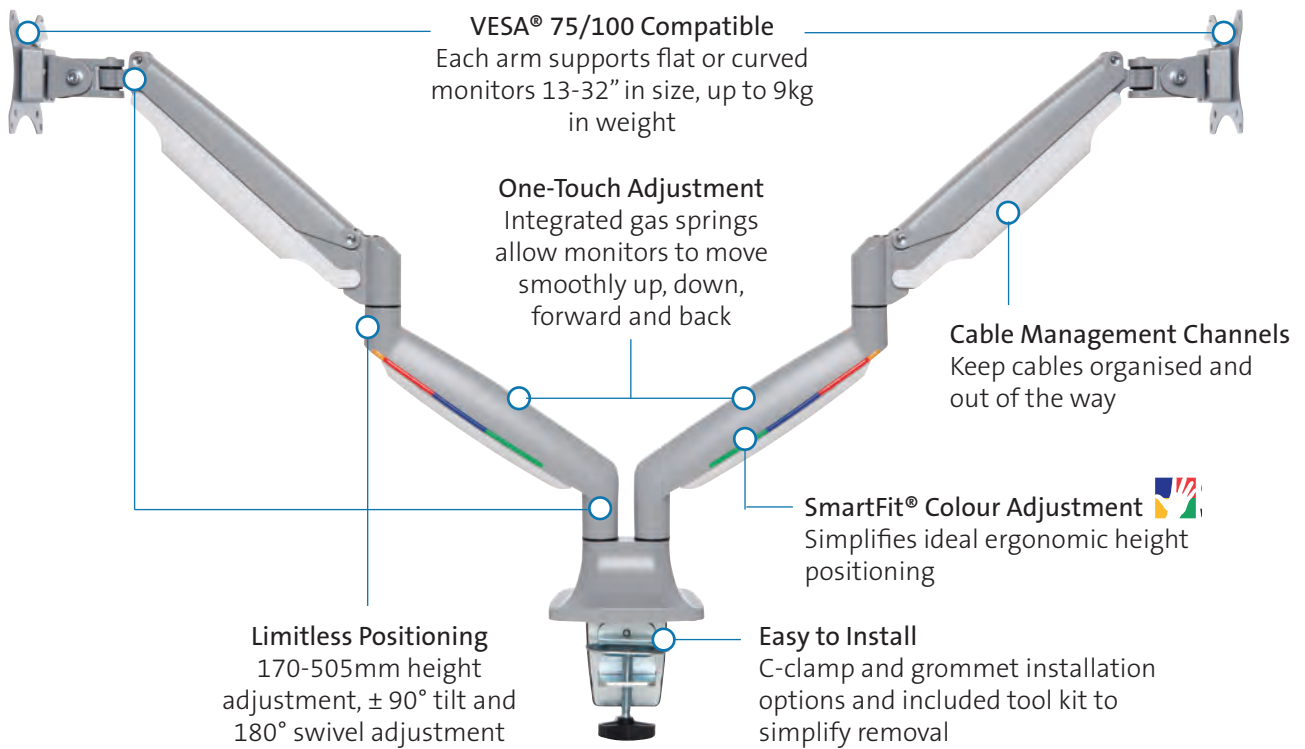
demonstrated a decrease in degrees of neck protraction



of those observed demonstrated a decrease in degrees of trunk flexion



Features and Benefits



The Kensington SmartFit® One-Touch Range



Improve posture, promote proper eye alignment and support neck and shoulder comfort. Ergonomically designed to promote wellness and increase productivity, Kensington's patented SmartFit® technology to simplify proper fit and allows users to adjust the height, depth and angle of their monitor for individualised comfort.

- **One-touch adjustable arms** with built-in gas spring simplifies height adjustment (170-505mm), provides 180° swivel and monitor rotation, +/- 90° tilt adjustment, and allows monitor to smoothly move up, down, forward and back for full motion articulation
- **Supports 13"-32" flat or curved monitors** weighing up to 9kg (19.8lbs) and ensures monitor is stable and steady in any position
- **Easy to install** with included quick release detachable VESA® plate (75mm or 100mm), C-clamp and grommet installation options and included tool kit to simplify removal

1. Is a Monitor Arm Worth the Investment? Kensington White Paper, August 2019

The SmartFit® Advantage



Kensington's One-Touch Height Adjustable Monitor Arms incorporate our patented SmartFit® technology. SmartFit® allows users to find their own optimal ergonomic height setting, without the need for specialist tools or assessment.



Each Kensington SmartFit® product comes with a colour-coded handchart



Determine your SmartFit® colour by measuring your own hand against the handchart



Match the SmartFit® colour-coded adjustment to your own SmartFit® colour for the optimal monitor position



Also available - Kensington Privacy Screen Filters

Reduce the risk of unwittingly sharing confidential data with an unwanted viewer. Available for over 52,000 devices including monitors, learn more at www.kensington.com/protectmyscreen